



Foreign Language Virtual Learning

The Nature of Happiness

May 1, 2020



6th Grade Foreign Cultures

Lesson: May 1, 2020

Objective/Learning Target:

I can investigate human behavior from biological, cognitive, and sociocultural perspectives.

Warm Up: Many people think where you live can affect how happy you are. Looking at the island of Bermuda and knowing the weather there, do you think the climate and natural environment can affect your overall happiness? How?





If necessary, watch the film about Johnny Barnes, “[Mr. Happy Man](#)” again. Review the list of personality traits and the ways in which Mr. Barnes responds to comments from passers-by.



Go to [Flipgrid](#) and sign in using your school email. Check your student email for the class code. You will need it to join our class.

Watch my video for an explanation of the prompt then post your own response.

In the film, a radio host said, “a lot of people couldn’t understand why he would do what he’s doing.” In your own words, describe the motivation behind Johnny Barnes’ actions.



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What are three synonyms and three antonyms of the word “happiness”?



Additional Resources

Darrin M. McMahon, Ph.D., "[A History of Happiness.](#)" *YES! Magazine*, October 1, 2010